

# Mountain Bike Trail Etiquette

## Big Creek Provincial Park

Although you are probably familiar with the trail etiquette guidelines outlined below, please take the time to review them with your group to help ensure the safety of your group, and other trail users, including animals. Back country riding offers a great wilderness experience. Please use the **4 "C"s** when riding:

- ✓ **Common sense**
- ✓ **Communication**
- ✓ **Courtesy**
- ✓ **Cooperation**

### 1. Yield The Trail

At all times, ride so you can stop a safe distance from other trail users and wildlife. There is extensive horse use in this area. When encountering a horse, stop, communicate with equestrian as to the best way / place to pass. (Stop, move off to the side of the trail to let horses pass.)

### 2. Stay On The Trail

Never cut corners or ride off of established routes / trails.

### 3. Be Prepared

Have sufficient equipment with you when traveling within the backcountry. Gear should include first aid kit, extra food and clothing and tools. Let someone know your intended route and return time before you depart.

### 4. Be Aware

Anticipate encountering other users and wildlife, particularly around blind corners. Lead rider in a group should use a "Bear Bell" or other signaling devices to warn others of your presence. There are bears in the area, do not approach or feed bears. Packing bear spray is also a good idea.

### 5. Ride Don't Slide

Don't ride too fast for trail conditions, stay in control at all time, leaving yourself room to easily stop within the distance you can see ahead. Excessive skidding causes unnecessary trail erosion.