

MOUNT SEYMOUR PROVINCIAL PARK - TRAIL REPORT

February 8th, 2018

Sunrise: 7:31 AM - Sunset: 5:21 PM

SAFETY ADVISORY

- Plan ahead – ensure you have enough time to return before dark!
- Unpredictable weather may occur at any time of year. Be self-sufficient and prepared for storms, poor visibility and an unexpected overnight stay.
- Natural hazards such as exposed rocks, windfalls and dead standing trees may be encountered on all trails at any time. Use at your own risk.
- Information regarding current avalanche hazard ratings is available through Avalanche Canada: www.avalanche.ca

ATTENTION DOG OWNERS

- All dogs must be on leash at All times in the park.
- Pick up your dog's droppings and dispose of them in a garbage can:
- Failure to comply will result in fines under the Park Act.

WINTER TRAILS

MOUNT SEYMOUR MAIN TRAIL (7 KM RETURN): Compact snow.

The trailhead is located at the BC Parks information kiosk at the end of the upper parking lot. Winter trail marking poles are now installed to first pump on this route.

FIRST LAKE TRAIL (2 KM RETURN): Compact snow.

This loop route leaves the Mt Seymour Main Trail 100 m beyond the trailhead at the BC Parks information kiosk. Winter trail marking poles are now installed on this route.

DOG MOUNTAIN TRAIL:

The trail beyond First Lake falls under Metro Vancouver's jurisdiction: www.metrovancouver.org

MULTI USE TRAILS

LOWER OLD BUCK & BADEN POWELL TRAILS:

These trails are open but muddy.

EMPRESS BYPASS TRAIL:

This multi-use trail is open and is snow and ice covered sections. Anticipate mountain bike traffic. Trail is maintained by the North Shore Mountain Bike Association as part of the NSMBA's Trail Adoption Plan. Find out more at www.nsmba.ca

HIKING TRAILS

UPPER OLD BUCK, OLD BUCK ACCESS & OLD CABIN TRAILS:

Trails are snow covered and hard to follow, expect slippery sections.

PERIMETER TRAIL:

Trail is snow covered and difficult to follow. Travel is not recommended if you do not know the area well.

GOLDIE/FLOWER LAKE:

Trails are maintained for commercial snowshoe recreation within Mount Seymour Resorts' controlled recreation area. Call Mount Seymour Resorts at 604-986-2261 for more information.

MYSTERY LAKE TRAIL:

Trail is within Mount Seymour Resorts' controlled recreation area and is closed for the winter.

ELSAY LAKE TRAIL:

WINTER TRAVEL NOT RECOMMENDED due to extremely hazardous avalanche terrain!

PARKING ADVISORY

Winter parking designations are in effect from November to April. On peak days during the winter months, parking capacity can be exceeded at the upper parking lots of Mount Seymour Park. These parking lots service the customers of Mount Seymour Resorts Ltd., who pay a fee to ski, snowboard, snowshoe and snowtube. Visitors accessing the backcountry, areas outside of the Mt. Seymour Resorts Ltd. ski area are required to park in parking lot 1 and lower parking lot 5. Overnight parking is permitted in parking lot 1.